

## News Release

**FOR IMMEDIATE RELEASE**

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**FOR MORE INFORMATION:**

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### **Alzheimer's Services to host six events during Alzheimer's Disease Awareness Month**

BATON ROUGE, La. – Six events, facilitating education and support, will be held for the Baton Rouge community in honor of National Alzheimer's Disease Awareness Month. Alzheimer's Services of the Capital Area will kick off the festivities Nov. 1.

#### **Nov. 1 – Wellness Day**

Three authorities on living with Alzheimer's disease will discuss balancing financial physical and mental health during a Wellness Day program Alzheimer's Services will host from 9 a.m. to 2:30 p.m. Saturday, Nov. 1.

#### **Nov. 3 – Arts in Alzheimer's: Fall into Music**

The Baton Rouge Symphony Orchestra will provide a music enhancement program with active participation and guided listening at the Hartley/Vey Workshop Theatre at the Shaw Center for the Arts from 10:30 a.m. to 12 p.m.

#### **Nov. 4, 11 & 18 – Making Sense of Cents**

Alzheimer's Services will present a Financial Literacy Workshop covering the provided resources, understanding older adult healthcare and preparing necessary legal documents at Alzheimer's Services of the Capital Area from 12 p.m. to 1 p.m.

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Alzheimer's – Add 1

**Nov. 9 – Nation Commemorative Candle Lighting**

Attendees will gather to remember those who have passed away from Alzheimer's Disease and honor those who are living with the disease at Charlie's Place Memory Garden at Alzheimer's Services from 5 p.m. to 6 p.m.

**Nov. 13 – Lunch-N-Learn: Ascension, "Transitions – When is it time?"**

Strategies about creating care plans and increasing care will be covered at St. Elizabeth Hospital from 12 p.m. to 1 p.m. Register at (225) 621-2906 or at [www.steh.com](http://www.steh.com) by Monday, Nov. 10.

**Nov. 19 – Activity Workshop**

Activity Directors and caregivers can learn about activities meant to engage their loved ones and increase their quality of life. Alzheimer's Services will also showcase their interactive touch-screen program It's Never Too Late as well as their Recollection Collection.

**Registration is required for all events. Please visit [www.alzbr.org](http://www.alzbr.org) or call 225-334-7494**

Alzheimer's Services of the Capital Area is a non-profit organization that provides education and support services to those affected by Alzheimer's and memory related dementias, as well as caregivers, family members and healthcare professionals.

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